CLAIMS

A composition for sustained release, comprising:

 a carrier material comprising a non-polymeric, non-water soluble liquid

material having a viscosity of at least 5,000 cP at 37 °C that does not crystallize neat under ambient physiological conditions;

growth hormone; and a multivalent metal cation.

- The composition of claim 1, wherein the liquid material is a stearate ester, a stearate amide, a long-chain fatty acid amide, a long-chain fatty alcohol, a long-chain ester, or a disaccharide ester.
- The composition of claim 1, wherein the liquid material is acetylated sucrose distearate.
- The composition of claim 1, wherein the liquid material is disaccharide acetate butyrate.
- The composition of claim 4, wherein the liquid material is sucrose acetate isobutyrate.
- 6. The composition of claim 5, wherein the growth hormone is human growth hormone.
- 7. The composition of claim 5, wherein the multivalent metal cation has a valence of two.
 - 8. The composition of claim 7, wherein the multivalent metal cation is Zn²⁺.
 - 9. The composition of claim 5, further comprising a solvent.
 - A composition for sustained release, comprising: sucrose acetate isobutyrate; a solvent;

zinc; and

growth hormone.

- The composition of claim 10, wherein the composition has a viscosity less than 1000 cP at room temperature.
- 12. The composition of claim 10, wherein the composition has a viscosity less than 200 cP at room temperature.
- 13. The composition of claim 10, wherein the solvent is ethanol, benzyl benzoate, miglyol, propylene carbonate, benzyl alcohol, ethyl lactate, glycofurol, N-methylpyrrolidone, 2-pyrrolidone, propylene glycol, acetone, methyl acetate, ethyl acetate, methyl ethyl ketone, triacetin, dimethylformamide, dimethylsulfoxide, tetrahydrofuran, caprolactam, decylmethylsulfoxide, oleic acid, or 1-dodecvazacycloheptan-2-one.
- The composition of claim 10, wherein the solvent is ethanol, benzyl benzoate, miglyol, propylene carbonate, or benzyl alcohol.
- 15. The composition of claim 10, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 85:15 w/w.
- The composition of claim 10, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 75:25 w/w.
- The composition of claim 10, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 70:30 w/w.
- 18. The composition of claim 10, wherein the molar ratio of zinc to growth hormone is from 100:1 to 1:1.
- 19. The composition of claim 10, wherein the molar ratio of zinc to growth hormone is from 20:1 to 1:1.
- 20. The composition of claim 10, wherein the molar ratio of zinc to growth hormone is from 10:1 to 1:1.
 - 21. The composition of claim 10, comprising:

a sucrose acetate isobutyrate to solvent ratio from 50:50 w/w to 85:15 w/w, wherein the sucrose acetate isobutyrate and solvent together form a liquid; and

- a zinc to growth hormone molar ratio from 100:1 to 1:1, wherein the zinc and growth hormone together form a complex.
- 22. The composition of claim 21, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 75:25 w/w.
- 23. The composition of claim 21, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 70:30 w/w.
- 24. The composition of claim 21, wherein the molar ratio of zinc to growth hormone is from 20:1 to 1:1.
- 25. The composition of claim 21, wherein the molar ratio of zinc to growth hormone is from 10:1 to 1:1.
- A method of administering growth hormone, comprising: injecting the composition of claim 1 into a patient in need of said growth hormone.
- The method of claim 26, wherein less than 10% of the growth hormone is released within 24 hours of administration.
- 28. The method of claim 26, wherein less than 0.2% of the growth hormone is released within 24 hours of administration.
- The method of claim 26, wherein the percentage of the growth hormone released within a 24 hour period is from 0.05% to 3%.
- The method of claim 26, wherein the percentage of the growth hormone released within a 24 hour period is from 1% to 3%.
- 31. A method of administering growth hormone, comprising: injecting the composition of claim 10 into a patient in need of said growth hormone.
- 32. The method of claim 31, wherein less than 10% of the growth hormone is released within 24 hours of administration

- 33. The method of claim 31, wherein less than 0.2% of the growth hormone is released within 24 hours of administration
- 34. The method of claim 31, wherein the percentage of the growth hormone released within a 24 hour period is from 0.05% to 3%.
- 35. The method of claim 31, wherein the percentage of the growth hormone released within a 24 hour period is from 1% to 3%.
- 36. A method of administering growth hormone, comprising: injecting the composition of claim 21 into a patient in need of said growth hormone.
- 37. The method of claim 36, wherein less than 10% of the growth hormone is released within 24 hours of administration
- 38. The method of claim 36, wherein less than 0.2% of the growth hormone is released within 24 hours of administration.
- 39. The method of claim 36, wherein the percentage of the growth hormone released within a 24 hour period is from 0.05% to 3%.
- 40. The method of claim 36, wherein the percentage of the growth hormone released within a 24 hour period is from 1% to 3%.
- 41. A method of making a sustained release composition, comprising: mixing a complex and a liquid carrier to form said sustained release composition;
 - wherein said liquid carrier comprises sucrose acetate isobutyrate; and wherein said complex comprises growth hormone and Zn^{2+} .
- 42. The method of claim 41, wherein said sustained release composition has a viscosity less than 1000 cP at room temperature.
- 43. The method of claim 41, wherein said sustained release composition has a viscosity less than 200 cP at room temperature.

- 44. The method of claim 41, wherein the molar ratio of zinc to growth hormone is from 100:1 to 1:1.
- 45. The method of claim 41, wherein the molar ratio of zinc to growth hormone is from 10:1 to 1:1
- 46. The method of claim 41, wherein said liquid carrier further comprises a solvent.
- 47. The method of claim 46, wherein said solvent is ethanol, benzyl benzoate, miglyol, propylene carbonate, or benzyl alcohol.
- 48. The method of claim 46, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 85:15 w/w.
- 49. The method of claim 46, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 70:30 w/w.
- 50. The method of claim 46, wherein said sustained release composition comprises:
- a sucrose acetate isobutyrate to solvent ratio from 50:50 w/w to 85:15 w/w, wherein the sucrose acetate isobutyrate and solvent together form said liquid carrier:
- a zinc to growth hormone molar ratio from 100:1 to 1:1, wherein the zinc and growth hormone together form said complex; and
 - a liquid carrier to complex ratio from 95:5 w/v to 85:15 w/v.
- 51. The method of claim 50, wherein the ratio of sucrose acetate isobutyrate to solvent is from 50:50 w/w to 70:30 w/w.
- 52. The method of claim 50, wherein the molar ratio of zinc to growth hormone is from 10:1 to 1:1.